



# TRINITY INTERNATIONAL SCHOOL

Sr. No. 25 & 27, Bopdev Ghat, Kondhwa-Saswad Road, Pune 48

KJEI/TIS/ADMIN/INFORMATION/2022-23/037

DATE: - 19.07.2022

Greeting Dear Parents!

This circular is to bring to your notice about the Hand, Foot and Mouth Disease which is a viral infection and highly contagious. We request parents not to send the child to school if the symptoms of this infection is noticed in your child.

Please read the information given below, which will help in identifying the symptoms at early stage, which will help in breaking the chain and prevent the child from this virus.

## **What Is Hand, Foot and Mouth Disease (HFMD)?**

Hand, foot and mouth disease (HFMD) is a highly contagious infection. These viruses can spread from person to person through direct contact with unwashed hands. It can also be transmitted through contact with a person's saliva, stool, or respiratory secretions.

**HFMD is characterized by blisters or sores in the mouth and a rash on the hands and feet. The infection can affect people of all ages, but it usually occurs in children under age 5.**

## **What are the symptoms of hand, foot, and mouth disease?**

Symptoms begin to develop 3 to 6 days after getting the infection. This period is known as the incubation period. When symptoms appear, you or your child may experience:

- fever
- decreased appetite
- sore throat
- headache
- irritability
- painful red blisters in your mouth
- drooling
- a red rash on your hands and the soles of your feet

Really

Adorable

Intelligent

Nice

Bundle

Of

Wonders

## Who is at risk for hand, foot, and mouth disease?

Young children have the highest risk for getting HFMD. Risk increases if they attend day care or school, as viruses can spread quickly in these facilities.

Children usually build up immunity to the disease after being exposed to the viruses that cause it. This is why the condition rarely affects people over age 10.

However, it's still possible for older children and adults to get the infection, especially if they have weakened immune systems.

## Can hand, foot, and mouth disease be prevented?

Practicing good hygiene is the best defence against HFMD. Regular handwashing can greatly reduce your risk of getting this virus.

Hence, we request all parents if you or your child experience symptoms such as a fever or sore throat, stay home from school or work. It's best to avoid contact with others once the blisters and rashes develop. This can help you avoid spreading the disease to others.



Thank You and Regards,



**Dr. Rupali Dhamdhare**  
**Principal**  
**Trinity International School**

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