



TRINITY INTERNATIONAL SCHOOL

Sr. No. 25 & 27, BopdevGhat, Kondhwa - Saswad Road, Pune 48

KJEI/ TIS/ ADMIN/CIR/2021-22/34

17.01.2022

Warm Greetings Dear Parents & Students!

Ministry of Education, Govt of India vide letter No. F.No. 12-5/2020-IS-4 dated 16.12.2021 has intimated that under the banner **Azadi ka Amrit Mahotsav** the National Yogasana Sports Federation has decided to run a project of 750 million Surya Namaskar from **01 January 2022 to 07 February 2022**.

Trinity International School will actively participate in this initiative and also has conducted an oath ceremony in school on 5th January 2022.

We will start the **Daily 13 Surya Namaskar Challenge** from tomorrow 18th January 2022 at 08:15 am. Guided Surya Namaskar session will be conducted daily [except Sunday] for next 21 days. Student's attendance will be noted daily and will be given an e-certificate on completion of the Challenge.

A musical performance on Surya Namaskar is also planned on 26 January 2022.

Time: 8:15 am

Venue: Zoom Platform

Connect through ERP

Dress Code: Track Pant and T-shirt.

Yoga Mat

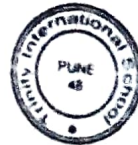
Please note:

ASSEMBLY WILL BE CONDUCTED ON THE SAME LINK IMMEDIATELY AFTER THE SESSION

ATTENDANCE MANDATORY FOR STUDENTS FROM G1 TO G11

For more details visit: <https://www.75suryanamaskar.com>

Thank You & Regards



Dr. Rupali Dhamdhare
Principal
Trinity International School